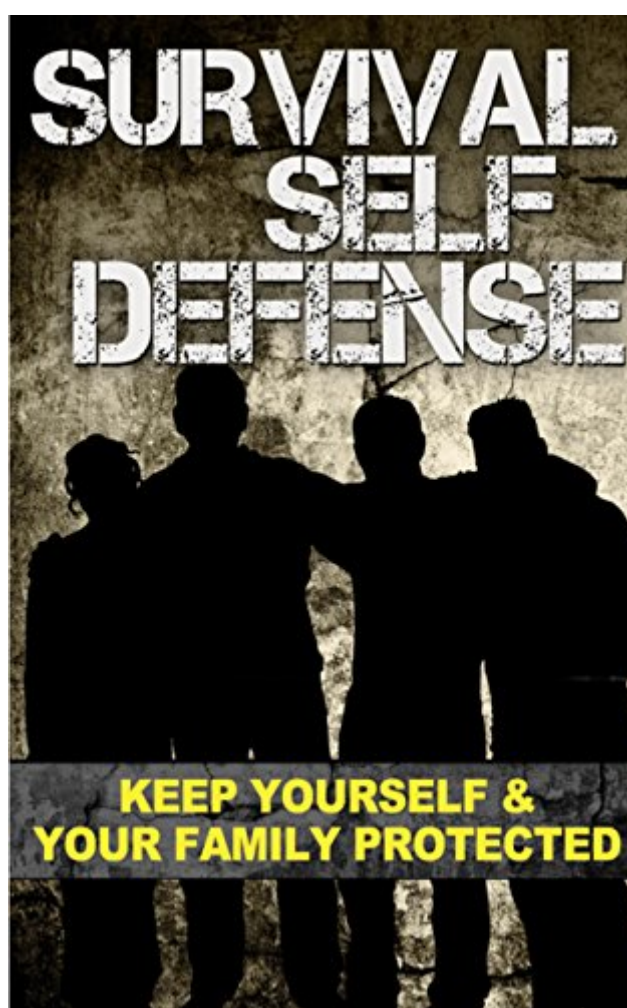


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# **Survival Self Defense: Keep Yourself And Your Family Protected (Self Defense Gear, Home Defense Tactic, Self Defense Equipment)**



## Synopsis

Discover EXACTLY the secrets to defending yourself and your family when disaster strikes! INSIDE THIS BOOK YOU'LL DISCOVER:â ¢ How to prepare you and your family for a disasterâ ¢ How to defend your home - Perimeter defensesâ ¢ Staying Put or Bugging Out - Pros and consâ ¢ 5 Rules of self defense - How to fight off attackersâ ¢ How to use firearms and knives when the SHTF

TABLE OF CONTENTS: Chapter 1: What's All The Fuss About? Chapter 2: Preparing For A Disaster Chapter 3: Survival Networking Chapter 4: Staying Put Vs. Bugging Out Chapter 5: Home Fortification And Defense Chapter 6: Thinking Outside The Box Chapter 7: Fight Or Flight Chapter 8: Survival Firearms Conclusion: Are You Prepared? Click the BUY NOW button to Discover EXACTLY How to Keep Yourself And Your Family Protected!

## Book Information

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